Orthodontic Patient Information Leaflets

The patient information leaflets have been produced by the British Orthodontic Society and provide useful information about various aspects of Orthodontics.

Adult orthodontics

Dummy and thumb sucking habits

Fixed appliances

Functional appliances

Headgear

How to keep your teeth and gums healthy

Impacted canines

Interproximal reduction

Mouthguards

Orthodontic treatment

Orthodontic treatment, what are the risks?

Orthognathic treatment

Protraction headgear

Rapid maxillary expansion

Removable appliances

Retainers

Why its important to stop smoking

So you're going to see the Orthodontist

Teeth and brace friendly food and drink

Your first visit to the Orthodontist